Health Savings Accounts

- Not to be confused with Flexible Savings Accounts (FSA)
- Health Savings Accounts (HSA) are tax advantaged (pre-tax contributions, tax free growth and tax free withdrawals for qualified expenses) accounts to pay for health care costs.
- HSA must be paired with enrollment in a High Deductible Healthcare Plan defined by minimum deductible and maximum out of pocket costs which change annually.
- HDHP and HSA make most sense for people in good health with low health care expenses.
- Contribution limits increase annually for 2024 single is \$4150, family is \$8300 and 55 and over is an additional \$1000.
- HSA accounts do not expire and can serve as an additional, very attractive vehicle for retirement savings.